My project is (check project taken)

Beef
☐ Market Beef
☐ Breeding Heifer
☐ Cow-Calf

Swine
☐ Market Hog
☐ Breeding Gilt
☐ Feeder Pig

NAME __________________________ AGE _________ CLUB YEAR __________

ADDRESS _______________________________________________________________________

COUNTY OR CITY __________________________________________________________________

NAME OF CLUB ________________________________________________________________

NAME OF LEADER ______________________________________________________________

DATE PROJECT BEGAN __________________________ ENDED _________________________

PROJECT APPROVED BY (LEADER) _______________________________________________

Publication 380-122
Reprinted 2004
Directions for Keeping This 4-H Record

Mark L. Wahlberg*

Message to Parent or Guardian
Livestock are a family project. Your encouragement and help in completing this record will allow the 4-H’er to receive the most benefit from the project.

Beginning of Project
This record is designed for youth in their first years of livestock project work. One record book should be used for each species (beef, sheep, swine) except where a conflict between breeding and market records exists - then a second record book may be used.

Project Animal Description
In order to tell one project animal from another, each animal should be identified with a tattoo, ear tag, ear notch, or brand. Write in the record book a description of the way your animal can be identified.

General Instructions
Continuous records should be kept on project animals from one year to the next. These should start October 1 and end September 30.

Records on other types of livestock projects should start when animals are purchased or taken from the home flock or herd to become project animals.

End of Project
The project ends the day the animal is sold, butchered, or dies. If you lose a project animal, write down the date and an estimated value of the animal on page 3.

Project Plan
The animals you plan to have in your project this year are:

<table>
<thead>
<tr>
<th>Number</th>
<th>Kind</th>
<th>Where will you get them?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

When do you plan to start the project? ________________________________________________________________

How much do you expect to spend for feed and animals for this project?

Cost of Animals__________ + Cost of Feed ___________ = Total ___________

Where will you get the money for the project?

___ Borrow from the bank ___ Borrow from a business sponsor
___ Borrow from parents ___ Use own money

What would you like to learn about livestock this year?
_____________________________________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________

*Extension Animal Scientist, 4-H, Virginia Tech
Starting Out - My goals for the 4-H year

The beginning of the 4-H year is a good time to begin thinking about what you’d like to do or learn in 4-H during the upcoming months. List some of your goals for the year and what plan you have to accomplish your goals. Talk to your leader and parents to decide what goals are realistic to try and possible to finish this year.

<table>
<thead>
<tr>
<th>My goals for this year</th>
<th>What I need to do to reach this goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: I will learn how to give a public presentation.</td>
<td>Attend county public presentation workshop. Have my leader and parents help me pick a topic that will be good for me. Practice my presentation. Give the presentation at a club meeting.</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Signatures for goal setting

I will work toward the above goals I have set for myself for the upcoming 4-H year to the best of my ability:

[Signature] (Member signature) ___________ (Date)

I will support my son’s/daughter’s goals for the upcoming 4-H year:

[Signature] (Parent signature) ___________ (Date)

I will help support this member’s goals for the upcoming 4-H year:

[Signature] (4-H Leader signature) ___________ (Date)
## INFORMATION ON ALL ANIMALS IN THIS PROJECT

<table>
<thead>
<tr>
<th>Breed</th>
<th>Sex</th>
<th>Identification - (eartag, ear notch, tattoo, brand)</th>
<th>Beginning of Project</th>
<th>End of Project</th>
<th>Value of Death Loss</th>
<th>Final Production</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Date</td>
<td>Weight</td>
<td>Cost or Value</td>
<td>Date</td>
</tr>
<tr>
<td>Example: Duroc X Yorkshire</td>
<td>Barrow</td>
<td>notch 3-1</td>
<td>Jan. 6</td>
<td>70</td>
<td>$85.00</td>
<td>Mar. 25</td>
</tr>
<tr>
<td>Example: Polled Hereford</td>
<td>Heifer</td>
<td>Tag 497-H</td>
<td>Oct. 1 1996</td>
<td>680</td>
<td>$750.00</td>
<td>Sept. 30 1997</td>
</tr>
</tbody>
</table>

TOTAL
Record Of Feed Used

Keeping good feed records is important. Good records show your expenses for feed and what kind of feed you used for your project. You can enter feed expenses when you buy feed. A good way to keep track of feed use is to put a calendar in the feed room and write down the amount and the kind of feed used each day. At the end of the month, total each kind of feed used and its cost and record the information below. Home-raised feeds should be valued at market price - what it can be sold for.

<table>
<thead>
<tr>
<th>FORAGES</th>
<th>CONCENTRATES</th>
<th>CONCENTRATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date or Month</td>
<td>Date or Month</td>
<td>Date or Month</td>
</tr>
<tr>
<td>Pasture, Silage</td>
<td>Grain, Supplements, Salt, Minerals, etc.</td>
<td>Grain, Supplements, Salt, Minerals, etc.</td>
</tr>
<tr>
<td>or Hay</td>
<td>Amount</td>
<td>Amount</td>
</tr>
<tr>
<td></td>
<td>Cost or Value</td>
<td>Cost or Value</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TOTAL

TOTAL

TOTAL
Expenses Other Than Feed and Livestock

Include in this section all expenses for your project except for the cost of your animal and feed. Include such expenses as medicine, veterinary fees, trucking, equipment, breeding fees, insurance, and any others.

### Other Costs

<table>
<thead>
<tr>
<th>Date</th>
<th>Item</th>
<th>What Animal Used For</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 10, '96</td>
<td>Trucking</td>
<td>Steers tag 37 and 49</td>
<td>$15.00</td>
</tr>
</tbody>
</table>

### Production Record Summary

<table>
<thead>
<tr>
<th>Project animal(s) number</th>
<th>Meat (pounds)</th>
<th>Hide (pounds)</th>
<th>Wool (pounds)</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$</td>
</tr>
</tbody>
</table>

**TOTAL** $
## Record at Fairs and Shows

<table>
<thead>
<tr>
<th>Kind of Exhibit</th>
<th>Name and place of fair or show</th>
<th>Date</th>
<th>Number in class</th>
<th>Placing</th>
<th>Premiums</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Market lamb</td>
<td>State Fair-Richmond</td>
<td>Sept. 25</td>
<td>19</td>
<td>4</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

**Total Value of Premiums Won** $ 

### General Breeding Record

<table>
<thead>
<tr>
<th>Name and/or number of dam</th>
<th>Name and/or number of sire</th>
<th>Breeding Date</th>
<th>Due Date</th>
<th>Date Born</th>
<th>Offspring*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example 16-4 Yorkshire</td>
<td>Hampshire Brutus</td>
<td>12/14/96</td>
<td>4/8/97</td>
<td>4/4/97</td>
<td>K-4 S-7</td>
</tr>
</tbody>
</table>

*Offspring born during the year should be added to page 3. Beginning date for animals born is birth date.*
<table>
<thead>
<tr>
<th>Name of event/activity</th>
<th>Date &amp; Location</th>
<th>What I did</th>
<th>Level (Club, County, State, National)</th>
<th>Award or Recognition Earned?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: Visited nursing home with the club</td>
<td>1/1/2000 Evergreen Convalescent Center, Milltown</td>
<td>I read stories to some of the children</td>
<td>Club</td>
<td>Received a thank-you letter from the Center Director</td>
</tr>
</tbody>
</table>

(Add other pages if needed.)
**Other clubs and projects**

List any other clubs and projects you participated in during the past year.

<table>
<thead>
<tr>
<th>Club name</th>
<th>Project(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Looking Back - What I learned this year**

This section is to be completed at the end of the 4-H year. It is meant to help you look back on all that you learned during the past year. This section includes the following parts:

- My goals completed
- Knowledge and skills I gained
- The three most important things I learned
- Telling my story

**My goals completed**

Look back on the goals you set for yourself at the beginning of the year. How well did you meet those goals? If you added new goals during the year, add them and explain them below.

<table>
<thead>
<tr>
<th>My goals for this year</th>
<th>How well did each goal get met?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: I will learn how to give a public presentation.</td>
<td>I attended county public presentation workshop. I had to change my topic three times. I should have practiced my presentation more before I gave it at the club meeting. I will start planning and practicing earlier next year!</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Knowledge and Skills I Gained

There are many things to learn in 4-H. Check each item below that you learned or improved in 4-H during the past year.

I learned or improved my ability to...

**HEAD (Independence)**
- ___try something new
- ___set goals for myself
- ___plan a project
- ___keep myself organized
- ___keep track of finances
- ___keep records of my work
- ___gain knowledge of my project
- ___get more information about something I am interested in
- ___use resources wisely
- ___participate in a business meeting
- ___run a business meeting
- ___make wise choices and decisions
- ___solve problems
- ___learn from my mistakes
- ___understand that it’s ok to change my mind if I need to
- ___pay attention to instructions

**HANDS (Generosity)**
- ___work with others
- ___work within a group
- ___work within a committee
- ___work with adults
- ___get past differences to reach a goal
- ___help others succeed
- ___make something with my hands
- ___explore a career interest
- ___follow directions
- ___lead others
- ___find ways to make a positive contribution to society
- ___understand the importance of community service
- ___see that my efforts can make a difference
- ___take the initiative to start something on my own

**HEART (Belonging)**
- ___speak confidently in front of a group
- ___give a public presentation
- ___share my feelings or point of view
- ___make myself understood without bullying or being loud
- ___listen to other people
- ___respect someone else’s feelings
- ___resolve differences of opinion
- ___appreciate my cultural heritage
- ___accept people who are different from me
- ___get along with other kids
- ___make others feel welcome
- ___stand up for others
- ___make new friends
- ___appreciate the importance of friendships in my life

**HEALTH (Mastery)**
- ___understand my strengths and weaknesses
- ___finish something I started
- ___be proud of my accomplishments
- ___accept change
- ___see that my character can effect a situation
- ___take responsibility for my own words and actions
- ___deal with winning and losing gracefully
- ___be careful and practice safety
- ___appreciate the importance of good health
- ___stay healthy
- ___feel good about myself

Other: _______________________________________
____________________________________________
____________________________________________
____________________________________________
This is a summary of the money you handled while raising your animals. You can calculate your profit (or loss) by completing the following:

**Income or Value**

1. Value of project animal(s) at end of project (page 3). $ ____________
2. Money received from animals sold (page 3). $ ____________
3. Money received or value of products sold or used (page 5). $ ____________
4. Total income or value (add 1, 2, and 3). $ ____________

**Expense**

5. Cost or value of animals(s) at beginning of project (page 3). $ ____________
6. Cost of feed (page 4). $ ____________
7. Costs other than feed and livestock (page 5). $ ____________
8. Total expense (add 5, 6, and 7). $ ____________

**Profit or Loss?**

Subtract expenses (line 8) from income (line 4)
Profit $ ____________
Loss $ ____________

**Awards and Premiums**

Total value of premiums won with project animals (page 6). $ ____________

---

**My Other 4-H Activities**

Also record this information in Virginia 4-H Member Record, VCE Publication 388-121.

**4-H Club Responsibilities**

Number of meetings held ____________________ Number you attended ____________________

Offices held by you this year _________________________________________________________

Committees you served on this year ___________________________________________________

I took part in the 4-H presentation, public speaking, judging, and other contests or activities listed below:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Team or Individual</th>
<th>Where &amp; Awards</th>
<th>Other (Location)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>At club mtgs.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>(no. of times)</td>
<td>County</td>
</tr>
<tr>
<td>Example: Livestock judging</td>
<td>Individual</td>
<td>2</td>
<td>3rd</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
4-H Story
Write a brief story about your 4-H project, what you learned, and what you did.